



## Training Resources for the Implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT) with Young People

Below are suggested online and face-to-face training resources for individual providers and organizations interested in implementing SBIRT with young people. These trainings include an introduction to evidence-based screening tools and instruction in [motivational interviewing](#) – the core strategy used with the SBIRT approach. Several of these trainings also provide implementation coaching and support.

### Training Toolkits

- [Adolescent SBIRT Toolkit for Providers](#): Detailed guidance for providers delivering screening, brief intervention, and referral to treatment with adolescents.
- [Guide for Youth Screening and Brief Intervention](#): In-depth guide geared toward clinicians or organizations interested in implementing SBIRT for young people. It provides a roadmap for youth alcohol screening in primary care, including establishing agency workflow and addressing confidentiality concerns.

### Interactive Online Training Options

- [Introduction to SBIRT for Adolescents](#): Interactive self-paced modules, including videos and quizzes. Provides practitioners with the skills necessary to identify and address the needs of young individuals using alcohol or other drugs in a risky manner. (Cost: Free)
- [Screening and Brief Intervention Skills Practice & Assessment](#): Conversation Simulation provided by Kognito and NORC at the University of Chicago. Prepares health professionals to screen young patients for substance use, conduct brief interventions using evidence-based principles of motivational interviewing, and refer patients to further support when needed. (Cost: [Contact Kognito](#) to request a quote.)
- [SBIRT Oregon Training Curriculum](#): Contains twelve modules that include videos and downloadable role-play exercises. Provides a comprehensive overview of SBIRT and the skills necessary to use the SBIRT approach. This course focuses primarily on adults, and contains one module on adolescents. (Cost: Free)
- [SBIRT 101 Webinars](#): Self-paced online course comprised of three webinars, designed to give participants an understanding of SBIRT and its components. (Cost: Free)

### Face-to-Face Training

- [MASBIRT Training for Individuals and Organizations](#): Includes skill building for providers and technical assistance and consultation to organizations interested in incorporating SBIRT services. Specific training content is customized to the organization's needs. (Cost: Contact [MASBIRT](#) for a quote.)
- [BNI-ART SBIRT Training and Consultation](#): Trainings range from brief, introductory lectures on SBIRT to intensive, multi-day courses that include supervised practice with real patients. (Cost: \$300 for introductory lecture, \$1,500 for 4-hour workshop, and \$750 per person for 2-day intensive practitioner training.)

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